

Arm Span

What is your arm span in
centimetres? _____ cm

*(Remember to open your arms wide, measure from the tip of your right hand **middle** finger to the tip of your left hand **middle** finger. You can stand straight up against a wall or chalkboard with your arms outstretched. Mark a dot at the tip of the middle finger of each hand and measure the distance between the dots.)*



Does your arm span measure the same as
your height? _____